

Support Groups

Free listings - email info@Generations-News.com

Alzheimer's Support Groups

The Alzheimer's Association has support groups located throughout the North Texas area. **Visit them online at www.alz.org.** For Support Groups Sponsored by the Alzheimer's Association in your area call: **Dallas** 214-827-0062 **Denton** 214-454-0855 **Fort Worth** 817-336-4949 **N. C. Texas** 817-460-7001 **Texoma Area** 903-813-3506 or 1-800-677-8264 ext 506

Caregivers Support Group.

Carrollton and Farmers Branch Community. The group meets the 4th Wednesday of each month at Village Oaks at Farmers Branch, 13505 Webb Chapel Rd., from 7 - 9pm. Please call 972-241-3955.

Caregivers Support Group

3rd Tuesday of each Month. 6:30pm - 8:30pm. Plano Senior Center, 401 W. 16th Street, Plano. Call 972-941-7335.

Denton County

Caregiver Support Groups

Sponsored by SPAN and the North Texas Area Agency on Aging. For more info please call Gerry Baines at metro 940-243-8620.

Corinth- 1st & 3rd Wednesdays from 1:30 to 2:30pm at Autumn Oaks, 3440 Corinth Parkway.

Denton -

1st Monday from 2 to 3pm at Good Samaritan Village, 2500 Hinkle
1st Tuesday of the month, 12:10 - 1p.m. at Ann's Haven VNA, 216 W. Mulberry.
Lewisville-3rd Tuesday of the month, 1:30-2:30 p.m..Lewisville Estates, 800 College Pkwy

Caregiver Support Group

For those who are providing assistance for their aging parents. Meets the 2nd and 4th Monday of every month. Group meets from 7 to 9pm at the Church of the Epiphany, 421 Custer Road, Richardson (\$5 per meeting requested). For more information call 972-839-0065.

Choices -

A Caregiver Support Group

Are you the primary caregiver for your spouse, parent, adult child, or friend? Join us for fellowship and sharing, plus helpful tips and information for everyone involved. Hosted by Lisa Moore, R.N. Meets monthly at the Carrollton Senior Center, 1720 Keller Springs Rd. Carrollton. Call 972 466-4850

Caregiving Based on Biblical and Spiritual Principles

1st Tuesday of each month 6 to 7pm, DaySpring Assisted Living, 6400 Cheyenne Trail, Plano, TX. 75023 call 972-769-1109.

Caregivers Support Group Allen/Lucas Community

This group meets the 3rd Friday of every

other month - Nov, Jan, Mar, May, Jul, Sept. 7 p.m at Faith Fellowship Church 415 W. Lucas Rd Lucas Tx 75002 Facilitator Carol Johnston 972-747-1166

Young Parkinson's Disease Support Group Dallas

Presbyterian Hospital, Jackson Bld. Jackson Cafeteria, 8200 Walnut Hill, Dallas. Monthly 3rd Thursday at 7pm. Jeryn Laengrich 214-345-4224.

Azle

A sharing, caring, exercise group. Meets every Wednesday at 10am. Come join with us at the Eagle Mountain United Methodist Church 721 Azle St. 75165. Call 817.221.5362

Denton

Parkinson's and Caregiver's Together (PACT). First Christian Church, 1203 Fulton, Denton, TX 7620. Jean Seward (940) 566-0279 Monthly: 4th Wednesdays at 1 pm

Fort Worth

Info line 817-275-1909

Broadway Baptist Church, room301, 4th Monday, Sept thru June. Exercise class-Mon, Wed, Fri at 10:30am. Caregivers Support Group discussion: 2nd & 4th Friday at 10:30am.

Evening Parkinson's Support Group First United Methodist Church, 800 West 5th, Fort Worth, Crowell's 817-264-2605 (daytime) Semimonthly: 1st & 3rd Thursdays at 7:00 pm

Parkinson's Educational meeting 4th Monday at 1:30 p.m. 817-275-1909.

Greenville

Presbyterian Hospital of Greenville, Professional Building, 2nd Floor, Rory Stroud. (903) 408-1615. Monthly: 2nd Thursday at 6 pm

Irving

North Texas Support Group David Henry Jr. 7 Wentworth Ct. Trophy Club, TX 76262

cheve11e@sbcglobal.net
<http://www.ataxia.org/chapters/North-Texas/default.aspx>

Lewisville

Meets the 1st Monday of every month at 1:30 at the Lewisville Senior Center to talk over issues and solutions and features guest speakers. The meeting is held at 1950 S. Valley Pkwy in Lewisville. Please call 972-219-5050 for more information or see our web site at www.city-offlewisville.com.

Sherman

Texoma Room, TCOG Building, 1117 Gallagher Dr., Judy Troxell 903-813-3575.

Tyler

East Texas Medical Center Pavillion, 801 Clinic Dr. Monthly 4th Thursday at 2pm (except Nov & Dec meets 3rd Thursday). Bud Wolf 903-561-3939.

Parkinson's Information & Referral Center

Call 214-345-4224 or email: jerynlaengrich@texashealth.org

Support Groups

Lewy Body Dementia Caregiver's Support Group, N. Dallas/Richardson

Meets the 1st Wednesday of every Month from 5 to 6pm at Friends Place Adult Day Services, 1960 Nantucket Dr., Richardson 75080 for LBD Caregivers, other family members & friends. Please call Pam Kovacs or Jane Kovacs at 972-437-2940 or email pamkovacs@friendsplaceads.com to RSVP or for more information.

Diabetes Support Group

Meets the 3rd. Monday of every other month at The Diabetes Center at Doctors Hospital. The support group is for people and family members with diabetes from 6 to 8pm. Doctors Professional Bld. #2, 9323 Garland Rd., suite 101. For more information call 214-324-9290.

Diabetes Support Group

Meets the 2nd Monday of the month at 7pm in the Media Room at Evergreen at Hulen Bend, 6301 Granbury Cut-Off, Fort Worth 76132. For more information or meeting topics call 817-294-7944 or 817-292-2319

Diabetes Education

1st Tuesday of each month at 6:30 to 7:30pm at 1977 N. Collins, Richardson Cancer Survivor work shop. Call 972-498-7610 to register.

Diabetes Support Group

Meets the 3rd Monday of each month at 1pm at the Geriatric Wellness Center of Collin County who hosts a Diabetic Support Group at the Plano Senior Center. Please call 972-941-7335 for more information.

Diabetes Support Group

Meets the 2nd Thursday of each month from 1 to 2pm at the Senior Activities Center located at 421 Church Stree in Grapevine. For more information 817-410-8130.

Stroke Support Group

South Central Dallas County Stroke Survivors and Caregivers group meets from 4 to 5pm on the 3rd Thursday of each month at the Charlton Methodist Hospital. For more information call Mervin Walters at 972-223-3923.

Stroke Support Group

The meetings are held in the Acute Rehabilitation Unit of Harris Methodist HEB Hospital from 4 to 5pm. Attached is the meeting list for the remainder of the year. For more information contact Sharon Peterson, 817-355-8151. Harris Methodist H•E•B Hospital is located south of Highway 183 at the Highway 121 merge. 1600 Hospital Parkway, Bedford, TX 76022.

Survivors of Suicide.

Tuesday of each month from 7 to 8:30pm. A free support group for those left behind after someone kills themselves. Meeting held at 3136 West 4th St. Fort Worth, 76107. Call 817-335-54905 for more information.

Ostomy Association Dallas

The Ostomy Association of Dallas meets on the 3rd Tues. of each month (except Dec.) at 7pm in the SE Conference Room at Presbyterian Hospital, 8200 Walnut Hill

Support Groups

Lane, Dallas, TX. Bring parking ticket for validation for free parking at the meetings.

Plano

The Plano Ostomy Support Group meets on the 2nd Tues of each month at 12noon at Medical Center of Plano in Professional Bldg. 3 room 170. Professional Bldg. 3 is located at the NW corner of Coit and 15th streets in Plano.

The Leukemia & Lymphoma Society, Blood Cancer Family Support Groups

The North Texas Chapter offers free support groups led by healthcare and oncology professionals. They are open to patients, family members, and friends and they all meet in the evening. Call Pam if you are interested at 972-354-8303.

North Texas Support Group

1st Monday of each month, 6:30 to 8pm at North Central Medical Center, room 3 & 4, 4500 Medical Center Dr., McKinney 75069. Call 972-547-8057.

Fort Worth Support Group

2nd Thursday of each month 5:30 to 7pm in the Cancer Care Services Building, main floor 623 S. Henderson, Fort Worth 76104. Call 817-921-0653

Dallas Networking Group

3rd Thursday of the month at 11:30 to 1pm, Gilda's Club of North Texas, 2710 Oaklawn, Dallas 75219 Call 214-219-8877.

SW Dallas Support Group

4th Thursday of each month 4:30 to 6pm. Texas Cancer Center, 2nd floor, 3555 West Wheatland Road, Duncanville, 75237. Call 972-354-8303

Dallas Support Group

4th Wednesday of each month, 7 to 8:30 p.m. Texas Oncology at Medical City Dallas, Community Room 4th floor 7777 Forest Lane, Building D, Suite 400, Dallas, 75230 For more info call 972-354-8303

Patient & Family Support Groups for Persons With. Leukemia, Lymphoma, Myeioma1 & Hodgkin's Disease

Sponsored by CCS, Leukemia and Lymphoma Society, and American Cancer Society 3rd Tuesday of Each Month 7 to 8:30pm at 605 West Magnolia, Fort Worth 76104. Call 817- 921-0653 for more information.

North Texas Myeloma Support Group

Our mission is to create and share hope with Multiple Myeloma patients, caregivers, family and friends through education, support, and our personal experiences. Meets on the 2nd Saturday of the month from 10am to 1pm in the Truett Building of Baylor University Medical on Gaston Avenue. Parking is across the street. Contact Peter or Lucy Tischler at 972-504-6307 for information.

Heart Support Ministry

Third Thursday of each month at 7pm. Meetings will be conducted under the guidelines of the American Heart Association. For anyone who wants information on heart disease, wants to learn the warning signs of a heart attack or needs support for themselves or *CONTINUED*

Support Groups

a family member that has had a heart attack. For more information, please contact Danny Boone at 972-548-7606 or email him at robboone@att.net. First Baptist Church of Allen, 201 E McDermott Dr.

Cancer Support Ministry

First Baptist Church of Allen meets the third Thursday of each month at 7pm in Room A207. Please contact Tom Hawes at 972-727-2462 or James Craver at 972-727-8241. 201 E McDermott Dr.

Weatherford Dialogue Cancer Support Group

For patients, family members and friends with any cancer related diagnosis. Meeting is every 4th Thursday of every month at the Weatherford Regional Medical Center, Classroom 2, 713 East Anderson Street Contact person: Valerie @ 817-838-4863.

Weatherford Breast Cancer Support Group

For women who have been diagnosed with breast cancer. Meeting is 2nd Monday of every month at the Weatherford Public Library, 1014 Charles Street, Weatherford, 6 to 7:30pm, Community Room A. Contact person: Valerie @ 817-838-4863

Cancer Support Group Dialogue

Open to all cancer patients / survivors and their family members. Our meetings are set in a casual atmosphere with featured speakers and topics each month. Meets the 2nd Tuesday each month at Patient's Comprehensive Cancer Center at 6:30pm. Meals are provided at the meetings. 4352 N. Josey Lane, Carrollton. For more info call 972-395-1010.

Cancer Friendship and Support Meeting

The Fort Worth Ovarian and All Gynecological Cancers Friendship and Support Group will meet for dinner the 2nd Wednesday of each month at 6pm. Ovarian cancer survivors are invited to come and meet with other ovarian cancer survivors for dinner, to share experiences and support each other. We do have an ACS sponsor. For information on the current month's location contact Liz at 817-478-5812 or Dianne at 817-244-4991.

S.P.O.H.N.C.

(Support for people with oral, head and neck cancer)

For the meeting location and times please call Dan Stack at 972-373-9599 or 214-497-5868.

Breast Cancer Support Group

Open to all breast cancer patients/survivors, their spouses and caregivers. Meetings will be led by an American Cancer Survivor facilitator. Meets the 3rd Thursday of each month at Patient's Comprehensive Cancer Center at 6:30pm.

Breast Cancer Support Group

1st & 3rd Tuesday of each month at 7:30-9:30 p.m. at 1977 N. Collins, Richardson.

Support Groups

Cancer Survivor work shop- 8 week series that meets Thursdays. Call 972-498-7610 for to register.

Breast Cancer Support Group

4th Monday of each month from 7 to 9pm in the Medical Arts Building, classroom 3. All women diagnosed with breast cancer are encouraged to attend. A registered Nurse facilitates the group and guest speakers are provided on related topics. 475 Elm St., Lewisville. Call 972-420-1036.

Lumpectomy Support Group

For breast lumpectomy cancer patients only. Meeting is 2nd Thursday of every month at Texas Oncology, 1450 8th Avenue, Fort Worth. 6 to 7:30pm in Conference room #1 Contact person: Valerie @ 817-838-4863

Grief Share Support Group

Open to all who have lost a family member to cancer. Very caring and supportive environment that assists with the healing process. Meets the 3rd Wednesday of each month at Patient's Comprehensive Cancer Center at 12pm.

The Dallas-Fort Worth National Ovarian Cancer Coalition

Monthly member workshops. 9 to 11am first Saturday of every month at Baylor Medical Center in Grapevine. We meet in "The Vine Annex" to get updated on the latest news regarding ovarian cancer, clinical trials, the NOCC and more. For information contact Dianne at 817-244-4991.

Brain Tumor Support Group

For patients, family & friends. Meeting is 3rd Thursday of every month at Texas Oncology, 1450 8th Avenue, Fort Worth. 6:30 to 8pm in Conference room #1 Sponsored by the National Brain Tumor Foundation. Contact person: Valerie @ 817-838-4863

Grey Matters of North Texas - Brain Tumor Support Group

Meets the 2nd Tue. of each month at 7pm, Plano HealthSouth Rehabilitation Hospital 2800 W. 15th St. Plano. Dedicated to providing emotional and logistical support to brain tumor survivors and their families. For more info greymattersnorthtexas@yahoo.com & 972-867-3431.

Amputee Support Group

Dallas - 2nd Tuesday at 6pm at various restaurants. For location contact 972-470-0505 or ellen@dallasamputeenetwork.org. Dallas Amputee Network, 1303 Green Meadow Richardson 75081. www.dallasamputeenetwork.org

Fort Worth - 4th Tuesday at Harris Methodist Fort Worth in the Education Center, 1301 Pennsylvania Ave 76104. from 6:30pm - 8:00pm. This is free, refreshments are provided and there is usually a guest speaker. Call Peggy Ehrlich at 817-882-2029.

Support Groups

DFW Psoriasis and Psoriatic Arthritis Support Group

Arlington Meeting:
Arlington Center for Dermatology First Thursday of each month in Conference Rm. #100-A. from 6:30 to 8:30pm, 711 E. Lamar Blvd. Arlington, TX 76011

Lewisville Meeting:
Second Wednesday of each month at Medical Center of Lewisville Medical Arts Building - Classroom #3 from 7 to 9pm, at: Corner of West Main Street and Edna Street, Lewisville, TX 75057

For More Information Contact: David Bruce, Group Leader at 972-539-9475 or visit the group's Web site at <http://www.dfwpsoriasis.org/>.

Hard of Hearing & Late-Deafened

Monthly meetings with different topics each month to help hard of hearing people, their family and friends learn to live with hearing loss. Free of charge. Contact Esther Kelly for more info at 214-521-0407 V/TTY.

1st Thursday at 9:30am. Texas Council of Governments, 2nd floor, Sherman 903-813-3559.

(SHHH) Self Help For Hard of Hearing People

Meet the 3rd Thursday of each month at 7pm. Richardson Regional Medical Plaza, Campbell Road @ Canyon Creek. People with hearing loss their family and friends meet to learn ways to live with hearing loss. All meetings have captioning on a TV so that people can read what is being said. For more information contact Esther Kelly 214-521-0407.

SAC Support Groups

Meeting are from 10 to 11am., 1441 N. Beckley Ave., Dallas 75203. For more information call 214-947-4628.

Chronic Pain Support Group,

2nd Mon of each month.

Osteoporosis Support Group,

3rd Tue of each month

Diabetes Workshop,

4th Wed of each month

Free Prostate (PSA) Test,

2nd Thurs of each month 9 to 11am.

Senior Access, Methodist Health System, 1441 N. Beckley, Dallas, 214-947-4628.

Osteoporosis Support Group

Do you suffer from osteoporosis or care about someone who does? The National Osteoporosis Foundation North Dallas Support Group holds monthly meetings at the Richardson Regional Medical Plaza 1 to discuss the issues that face people living with osteoporosis. Come learn from others who have the disease and share your experiences. For more information, please call Rita, 972-241-7542 or Jennie, 972-965-1467.

Grieving & Growing Grief and Loss Support Group

Open to anyone that is experiencing a loss through death and is needing help and support going through the grief

Support Groups

process. Meeting the 2nd. Thursday of each month from 7:30pm to 9pm at the Medical Center of Lewisville, Medical Arts Building, classroom 3, 475 Elm St. Call 972-420-1036 for more info.

Grief Recovery Support Group

Meets the 3rd Tuesday of each month. Richland Hills Church of Christ, 6300 NE Loop 820, North Richland Hills, TX at 7pm in room 205. We meet at Wendy's at Rufe Snow and 820 at 5:45 P.M. to eat before class. Please call Melissa at 817-281-0773 for more info.

Remembering Mom Grief Support Services

Providing psychological and spiritual support services to women who have experienced motherloss. This support coupled with professional guidance offers women the opportunity to move through their grief more gracefully and intentionally. Support groups are offered four times per year on a monthly basis. Participants attend three times and are encouraged to attend the annual grief seminar as well. If you are interested in the possibility of participating in one of the groups, please contact Dr. Alex Burmeister at 214-378-7260.

Widowed Persons Service Dallas & Tarrant Counties

Grief support for anyone who has been widowed, any age, men or women. No fee, Please call the WPS at 214-358-4155 or 817-551-2922 for general information or additional activities. All widowed persons are invited.

Lewisville WIDOWED PERSONS SERVICE

Lewisville WPS invites you to a lift up chapter in your life. You receive grievance support for losing your spouse. The group meets Saturday mornings at the Golden Corral at Main Street and I-35E at about 8:45; Discounted breakfast is available, a very short program, and a lot of gab, if desired. Also, a 4th-Tuesday night meeting at Solerno's in Flower Mound at about 6:20 expands the community. Many WPS participants also take in the first Friday dance at the Lewisville Senior Center at 7pm. For further information, please call Sally Greer at metro 940-321-5000.

National Federation Of The Blind

Meetings held every month on the third Saturday from 2:00pm to 4pm at the Fox Run Estates Retirement Residence, 2315 Little Road, Arlington 76016

Low Vision Group for Seniors

Plano Senior Center, 401 W 16th, Plano, Texas, meets the 4th Thursday each month from 10am- 11:30am, call 972-941-7335

Prevent Blindness Texas-Ft. Worth Branch

hosts Arlington Low Vision Support Group Meetings held on the fourth Wednesday every other month from 11am to 12noon at the Hugh Smith Recreational Center, 1815 *CONTINUED*

Support Groups

New York Ave. Arlington 76010. For more information call 817-332-8125.

ALS Association, North Texas

Offers two monthly support groups for patients, families and caregivers as well as anyone wanting to learn more about ALS. For more information, please contact Renee Lowery at 972.714.0088.

Ft. Worth ALS Support Group

1st Monday of every month
7:00pm - 8:00pm
Ridgelea Presbyterian Church
6201 Camp Bowie Blvd, Room 112
Ft. worth, TX 76116

Plano ALS Support Group

1st Thursday of each month
7:00pm - 8:00pm
Grace Presbyterian Church
4300 W Park
Plano, TX 75093

Lupus Support Groups

The purpose of the support groups are to encourage lupus patients and their families and friends in dealing with this chronic and baffling illness.

If your area support group is not listed or you are interested in starting a support group in your area, please contact us at info@lupus-northtexas.org or call 817-246-2639.

McKinney Lupus Support Group

First Saturday of each month
Medical Center of McKinney Wysong Campus
130 S. Central Expressway
McKinney, Texas 75070
Stephanie, Facilitator
214-566-2616
stephanie@lupus-northtexas.org

Dallas Lupus Support Group

Second Saturday of each month
Lupus Foundation of America, North Texas Chapter office
15660 N. Dallas Parkway, Suite 120
Dallas, Texas 75248
Stephanie, Facilitator
214-566-2616
stephanie@lupus-northtexas.org

Denton Lupus Support Group

Contact the LFA office for details on date and location
469-374-0590
info@lupus-northtexas.org

Mended Hearts

A support group for heart patients and their families. Monthly meetings, alternating between Presbyterian and Medical City Hospitals of Dallas. For meeting times and directions, please call 972-385-0772 or 214-350-2014.
www.mendedheartstexas.org

Grandparents Raising Grandchildren Support Groups

Dallas County KinCare Network

The Dallas County KinCare Network offers support groups through libraries in the Dallas area. For more information call (214) 670-6446.

Audelia Branch Library-
10045 Audelia Road, Dallas

Support Groups

Meets on the 1st Thursday of each month, 11:30am-12:30pm

Contact: 214-670-6446

Pleasant Grove Branch

1125 S. Buckner, Dallas, 75217
Meets on the 1st Wednesday of each month, 11:30am-12:30pm
Contact: 214-670-0965

La Voz del Anciano (bi-lingual)

3316 Sylvan, Dallas, 75212
Meets on the 3rd Thursday of each month, 10:00am
Contact: 214-741-5700.

Grandparents Resource Group

A support group for Grandparents who are the primary caregivers for their grandchildren. Our meetings are held monthly at the Urban League of Greater Dallas located at 4315 S. Lancaster Rd in Dallas. For more information contact Jill Payne at (214) 915-4609.

L.I.F.T. (Living Information For Today) Monthly Luncheon Schedule

All widowed persons are invited to this social event. Lunch is complimentary on your first visit. Speakers and door prizes change monthly. Luncheons begin at 11:30 a.m. Not a sales program.

2nd Tuesday - East Dallas

Red Lobster / Sponsored by Grove Hill Funeral Home and Cemetery and Sparkman Crane Funeral Home. RSVP 214-388-8887

2nd Wednesday - Dallas

Royal Oaks Country Club / Sponsored by Sparkman-Hillcrest Funeral Home and Cemetery and Sparkman-Richardson Funeral Home. RSVP 214-363-5401

2nd Thursday - East Fort Worth

Logan's Roadhouse - NE Mall
Sponsored by Shannon-Rufe Snow Funeral Chapel and Shannon-Rose Hill Funeral Chapel and Cemetery. RSVP 817-514-9100

3rd Tuesday - North Arlington

Black Eyed Pea / Sponsored by Bean-Massey Burge-Funeral Home and Moore Funeral Homes and Cemetery. RSVP 972-263-7200

3rd Thursday - Plano

Texas Land & Cattle / Sponsored by Ted Dickey Funeral Home and Sparkman-Dickey Funeral Home. RSVP 972-424-4511