

Volunteers Needed

Free listings - email info@Generations-News.com

VNA Meals on Wheels

The Visiting Nurse Association needs volunteer drivers to deliver meals to homebound elderly, sick and disabled residents in Dallas County a few days a week between 9:30 and 12:30am. A friendly face and kind words provide more than just a meal. Delivery locations are available close to your home. Call 214-689-2639 for more information.

Collin County Meals on Wheels

Collin County Committee on aging is a non profit organization dedicated to serving the Seniors of Collin County. We need volunteers for 'Meals on Wheels', where we deliver almost 500 meals a day between 11am and 1pm. We also need volunteers for our 'Silver Threads' resale shop in McKinney to price and stock the store. For more information please contact Lara Kitchens at 972-562-6996 x125.

Meals On Wheels, Inc. of Tarrant County

Needs volunteers to deliver meals to homebound residents. Help deliver meals one noontime a week, Monday through Friday in your neighborhood. Meal delivery starts between 10:30 & 11:30am and takes approximately one hour. Volunteers provide their own transportation. Call 817-336-0912, for more information.

American Cancer Society

Has a need of volunteer drivers in Dallas, Collin, Tarrant and Denton Counties. Drivers are needed to take cancer patients to and from their treatments. Anyone over the age of 21 with a valid Texas driver's license, a dependable car with auto insurance coverage and a safe, good driving record is welcome to be part of "Road to Recovery." Drivers are provided training and can volunteer as little or as often as they are able. For more information please call the ACS in Dallas at 214-819-1200 or in Fort Worth at 817-737-9990.

Alzheimer's Volunteers Needed

The Courtyard at Christian Care Center, is looking for volunteers to visit with persons who have Alzheimer's Disease and related dementias. We are looking for people who are low-keyed, not rushed, and yet do not have to spend a lot of time with any one person. Please call Carol Hall at 972-698-2626.

Christian Community Action

(CCA) was founded in 1973 and provides a wide range of services to those experiencing crisis in their lives. This assistance includes meeting immediate financial, food, health and housing needs, as well as career counseling and training. Volunteers may work with families in transition, provide training on finances or computer skills, and teach ESL classes. For more info please contact Volunteer

Coordinator at 972-219-4341.

LIFT

(Literacy Instruction For Texas)

Want to make a real difference in people's lives? Teach them to read. A non-profit agency providing free reading classes for adults since 1961. We serve over 2,000 students a year when we have enough volunteers. All teachers are volunteers. No teaching experience is needed; free training provided. "Come observe a class. Morning and evening opportunities; 2 hours per week. Locations throughout the Metroplex. Please help. Please call: 214-824-2000 x237.

Goodwill Industries of Dallas

Goodwill's mission is to provide job training, employment and personal growth opportunities for people with disabilities and other barriers to employment, such as welfare dependency, illiteracy and homelessness. We need volunteers to work in our stores and at our main facility (3020 N. Westmoreland Rd.). We have opportunities for individuals and groups including sorting and pricing merchandise, painting, gardening, maintenance and clerical projects. Please contact Katie Althoff at 214-638-2800 ext 242.

Texoma Guardianship Program

Is looking for a few special people. If you have an extra hour per week, have the ability to work with people of all ages and from all walks of life, and have genuine compassion towards people who are unable to make decisions for themselves anymore, please call Donna Baugh at 903-813-3503. Training and support will be provided by program staff.

Denton County MHMR Needs Volunteers

Denton County MHMR seeks caring volunteers to visit hospital patients with mental retardation. Also daily at DCMHMR locations for data entry, office assistance, peer volunteering and special event or fundraising assistance. Orientation and training is provided. Contact LaDawn Hale for more info at 940-565-5210.

Volunteer Guardians

You can make a difference! Assist guardianship staff by visiting and monitoring the care of incapacitated older adults. Your involvement helps prevent abuse, neglect and exploitation of an extremely vulnerable segment of our population. With the increasing aging population, we have a great need throughout Dallas and Tarrant regions. Call 817-921-0499 (www.guardianshipservices.org) for more information in Tarrant County and in Dallas County contact 214-823-5700 (www.theseniorsource.org) Training and on-going support is provided by program staff.

Volunteers

Catholic Charities of Dallas

Needs volunteers to assist in different capacities. Contact Natalie Eckberg at (214) 520-6590, ext. 122.

Twin Creeks Hospital, (Allen, TX), specializing in Inpatient Physical Medicine and Rehabilitation, is in need of dedicated individuals to staff our recently formed Volunteer Services program. Involvement would include visiting/writing/reading with and for patients, patient transport to therapy, delivering books, games, flowers; assisting with general administrative duties, patient activities, and conducting patient surveys. Please see www.twincreekshosp.com for additional information and the volunteer application. Volunteer Services Coordinator, Linda Richardson can be reached via email: lrichardson@twincreekshosp.com.

"Off Our Rockers" Volunteers Tutor Elementary Students

Grant a child's wish to learn by joining volunteers 50 and older as they tutor K-3rd graders in reading and math. A volunteer typically works with the student for one hour a week, although flexible scheduling may be available based on needs of the school and the student. This program produces proven results - 99% of students matched with Off Our Rockers volunteers had an increase in positive attitudes toward learning in school, while 81% demonstrated improvement in academic skills, including reading, writing and verbal skills, as well as attention span. To sign up or get more details call in Dallas area 214-823-5700 or 1-800-252-9240 elsewhere in Texas.

The Long Term Care Ombudsman Program

Is seeking volunteers to advocate for residents in nursing homes and assisted living facilities. State Ombudsman Certification Training (36 hours) is free. Volunteers make a one year commitment and are assigned to a home where they visit the resident at least weekly. Services provided include providing information to help families select a nursing home or assisted living facility and assisting residents and families in resolving complaints. For more information or an application call: Tarrant County 817-335-5405 / Dallas County 214-823-5700 / North Central Texas Area Agency on Aging at 940-591-1969 or 1-800-272-3921.

RSVP (Retired and Senior Volunteer Program)

Serving North Texas is recruiting adults 55 and older to serve in non-profit agencies. Volunteers can choose from a variety of volunteer opportunities including public schools, local hospitals, public safety departments and government agencies. As an RSVP volunteer, you can make a difference in your community, attend recognition events, and have free supplemental accident and liability insurance coverage while engaged in volunteer service. For more information,

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call 1-800-252-9240.

Vision Screening

Prevent Blindness Texas Fort Worth and Dallas branches. Help conduct vision screenings for children and vision and glaucoma screenings for adults in the community. You can really make a difference in someone's quality of life by helping to save their sight! Call 817-332-8125 or 214-528-5521.

The EarthKeepers® Docents at Texas Discovery Gardens

To assist the staff educator with tours, crafts, experiments and other hands-on activities. Volunteer opportunities include school programs, scout groups, birthday parties, and outreach. We teach more than 6,000 DISD students each year, and we rely on our EarthKeepers® docents to help spread the word about butterflies, bugs and botany. Contact the Volunteer Manager at Volunteers@TexasDiscoveryGardens.org or 214-428-7476 x24.

CONTACT Crisis Line

Is looking for caring, sensitive and committed volunteers willing to share their time and abilities to help others by providing 24-hour telephone crisis intervention, services, emergency aid, and information and referrals to callers in need. Volunteer training is provided. Please contact Thomas Hutter at 972-233-0866, ext 311 or email thutter@contactcrisisline.org, for more information about this great opportunity to improve your life and help our community.

Seniors Needing Help After Hospital Discharge

The Geriatric Wellness Center of Collin County seeks volunteers to assist older adults after discharge from North Central Medical Center in McKinney, Texas. The volunteer would provide transportation and other practical, non medical support two to four hours per week for six to eight weeks during the senior's recovery. Volunteer training provided. Please call Elizabeth Kent, LMSW at 972-941-7335 for more information.

Early Riser Volunteers

Baylor Medical Center at Irving is looking for volunteers for the Early Risers group to assist in the day surgery room Monday through Friday from 6am to 10am. Volunteer duties include, welcoming arriving patients and guiding them to the day surgery nursing desk and assisting waiting visitors and family members. Call Sally Wilson at 972-579-8149 for more information.

Metrocrest Area

Senior Adult Services is a nonprofit agency established by the people of Addison, Carrollton, Coppell, and Farmers Branch to ensure that older residents receive the support needed to maintain independence and quality of life. Volunteers are needed for mobile meals delivery, *CONTINUED*

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information and referral specialists, case management assistants, and friendly visitors or tel-a-friends call 972-242-4464

Court Visitors Needed for Dallas County

The Probate Courts of Dallas County are looking for mature volunteers to be trained as Court Visitors. They will contact guardians and visit wards to obtain current information and verify that the ward is receiving good care. This assists the courts to make recommendations or orders for improvement, if necessary. Mileage for the visits is reimbursed and parking is provided at the Records Building. For more information contact Garnett Grevelle at 214-653-7316.

RHD Memorial Medical Center

Auxiliary Volunteers is looking for a few good people to help themselves help others. Four hours a week, training, uniform free lunch and other benefits provided. Call Mr. Kim Harris at 972-888-7137 for application and more information.

English Learning Project

Is looking for volunteers to teach English to adults two mornings a week during the school year. Sept. to May. You may team-teach or teach a class of your own. Training is available. There is no need to know another language. Make a difference in a family's life. Parents learning English can communicate with their child's teacher and can help with homework thereby increasing the chance the child will stay in school. Workers perform better at work when they understand the boss better. For more information, please call Louise Smith at 214-358-1361.

Methodist Medical Center and Charlton Methodist Hospital

Make a difference helping patients or visitors with just a few hours of your time. For more information Methodist Medical Center (Beckley Avenue at Colorado Boulevard) call 214-947-2975 or at Charlton Methodist Hospital (Wheatland Road at Hwy 67) call 214-947-7676.

Texas City View Care Center

We are looking for volunteers in the social service dept. at a nursing home and rehab facility. Responsibilities include: alphabetizing, filing, typing, mail-outs and assist with patients meals. Please fax your personal info and daytime phone number to 817-423-4788. No phone calls please.

Northeast Tarrant County Mid-Cities Care Corps

We are looking for volunteers to provide dependable support services for seniors such as: rides to routine medical appointments, assist with minor home repairs, create access for the handicapped, and help maintain yards. Share a little of your time. Flexibility is our motto. For more information call 817-282-0531 or e-mail admin@midcitiescarecorps.org or go to www.midcitiescarecorps.org

Hospice Volunteers Needed

The hospice concept and movement has grown out of the commitment and vision of thousands of volunteers. From the beginning, and still today, volunteers are at the heart of hospice.

Traditionally, volunteers have been the backbone of the hospice movement and are still an indispensable part of any hospice program. Even the federal government recognizes the importance of volunteers in the delivery of hospice care by requiring that Medicare-approved hospices utilize volunteers from their community. Nationally, about 100,000 people serve as hospice volunteers and give millions of hours of their time to serve terminally ill patients and their families.

Volunteers serve as a member of the hospice team by sharing skills and interests in a manner that provides comfort and enriches the quality of life for those served. Volunteers serve on a regularly scheduled basis and provide the following:

- Support services - companionship, friendly visiting, active listening, bedside sitting, letter writing.
- Sharing hobbies and special interests -- reading, gardening, listening to music, sports, travel, crafts, etc.
- Assisting with errands - grocery shopping, picking up prescriptions and supplies, banking.
- Transport patient/family - appointments, shopping, social outings.
- Homemaking tasks - light housekeeping, dishes, laundry, meal preparation, child care.

If you would like to be a Hospice Volunteer please contact one of the Hospice Companies below or visit www.hospicenet.org for more info.

American Hospice

Contact Sherry Hawkins at 817-551-0945
www.americanhospice.org

Autumn Journey Hospice

Contact Ron Hollingsworth at 972-233-0525.
www.autumnjourneyhospice.com

Community Hospice of Texas

Contact Cynthia Baxter at 214-920-8450 or
CBaxter@chot.org in Dallas or Judith Pickering at 817-878-3712
jpickering@chot.org in FW

Compassionate Hands Hospice

Contact Rhonda Wallace, 972-870-9991
compassionatehandshospice.com

Cosmos Hospice

Contact Latrell Bullock at 817-652-8011 or
latrell.bullock@att.net email:

Covenant Hospice & Palliative Care

Contact Bekki Schoch at 817-735-8741. www.covenanthospice.org

Faith Presbyterian Hospice

Contact Tracy Woodruff at 972-401-9090. email: twoodruff@prescs.org

GRACE Hospice

Contact Marilyn Massis, at 972-424-3454. www.gracehospice.org

Golden Acres Hospice

Contact Jason Stoddard at 214-327-4503 ext. 167 www.goldenacres.org

Heartland Hospice

Contact Ruth Linwood Burton at 214-630-9070.
www.heartlandhospice.com

Heart To Heart Hospice

Contact Debra Wyatt, at 214-445-7719. www.hearttohearthospice.com

Hospice Plus

Contact Eryn Bennett at 972-510-8532
www.Hospiceplus.net

IntegraCare Hospice

Contact metro 817-354-7200.
www.integracarehh.com

Odyssey Hospice Health-Care

Contact Fort Worth - 817-338-1512, Dallas 972-720-0999 - Waxahachie 972-938-9888. www.odyssey-healthcare.com

Samaritan Care Hospice

Contact Carrie Manning at 817-590-9623 or Tina Christian at 972-690-6632. www.samaritancarehospice.com

Season Hospice & Palliative Care

Sherry Zirix ar 817-324-6908

St.Michael's Hospice

Carol Stone at 214-866-0233
www.StMichaelshospice.net

Texas Hospice

Erica Robinson at 817-263-8808
www.TexasHospice.com

The Hospice Center of Richardson-Sherman

Contact Sandra Hitz - Volunteer Coordinator 972-664-0030 or sandyhitz@thehospicecenter.net

Universal Health Hospice

Contact Marie Tucker, Volunteer Coordinator at 817-451-1404.
volunteer@universal-health.com

VistaCare Hospice

Contact Dallas Angela Campbell at 214-231-3914, Greenville 903-454-1107. www.vistacare.com

VITAS Hospice

Contact Alex Cotton at 972-448-6540 or Kathy Campbell, 817-870-7117. www.vitas.com

VNA Hospice

Contact Julie Feltner at 214-689-2672 or feltnerj@vnatexas.org.